

# NORTH YORKSHIRE COUNTY COUNCIL

## Young People Overview & Scrutiny Committee

21<sup>st</sup> July 2009

### Improving the health and well-being of young children

#### Cover Report

##### **1. Purpose of Report**

The purpose of this report is to put into context the agenda item 'Improving the health and well being of young children and to provide members with some background information.

##### **2. Introduction**

The Committee agreed to develop and theme their meetings and work programme to reflect in turn each of the *Every Children Matters* key outcomes, whilst retaining the flexibility to include other agenda topics and issues as and when they arise. The five outcomes *be healthy, stay safe, enjoy and achieve, make a positive contribution, achieve economic well-being* were identified by children and young people as being the most important to them.

The North Yorkshire Children and Young Peoples Plan (CYPP) (copies will be available for all new Members of the Committee) was developed by listening and involving young people, their parents and carers, and the staff who work on their behalf. The CYPP is organised around the five Every Child Matters outcomes and guides the planning, commissioning and delivery of services for children and young people in the county.

Developing and delivering services for young children involves a number of other organisations and the focus of today's meeting looks at the joint partnership working required to improve the health and well being of young children and falls within the 'Be Healthy' outcome.

The joint presentation by North Yorkshire and York Primary Care Trust (NYYPCT) and Officers of the Children and Young Peoples Service looks to provide members with an overview of the integrated working to ensure that young children have healthy weight and active lives, the support available for new parents whilst touching on those more vulnerable groups.

Members will hear how Children's Centres working in partnership look to meet the needs of vulnerable children and families, including the targeting of resources.

Childhood obesity has been raised at committee by Members in the past. They understand that this is a complex public health issue that is a growing threat to children's health and getting the first few years of a child's life right are crucial to their

development. Members will therefore be interested to learn about the practical support and help offered to parents to ensure that young children learn healthy habits.

**6. Recommendations**

The Young People Overview and Scrutiny Committee are asked to note the information contained within this Covering Report

**Hugh Williamson**  
**Head of Scrutiny and Corporate Performance**  
County Hall, Northallerton

Author: Stephanie Bratcher  
Contact Details: E-mail [stephanie.bratcher@northyorks.gov.uk](mailto:stephanie.bratcher@northyorks.gov.uk).

Background Documents: NONE

ANNEXES: NONE